



Food is Relationships

“Traditional Food is love to me. Giving love to every patient in the hospital is the answer.”

– Meeka Otway, Kanngiqtugaapik (Clyde River)

Food is fundamental to our well-being. Food is medicine. We invite you to join us on a Learning Journey about the power of Indigenous Foodways as a pathway to reconciliation and health.

Get involved:
NourishLeadership.ca



NOURISH

The future of food
in health care.